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# HEALTH PROMOTION THROUGH HERB INFORMATION

A SPECIAL DISCUSSION OF GEGEMU HERB IN YORUBA SETTING OF NIGERIA

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## Abstract

Gegemu herb (Datura Stramonium) is a plant that is common in the environment. It is a cosmopolitan weed of world wide distribution. It is found in many countries. The herb is widely available and dominates the surroundings of houses in Yoruba land. However, only few people know about its uses, toxicity and hazards. This paper is a review on Gegemu herb, the toxic effects of the plant and the various uses in Yoruba land. The paper recommends that information about gegemu should be made known to the public through print and other mass media, Librarians should make efforts to communicate indigenous knowledge and herb information to the community and Researchers on health sciences and pharmacology are urged to further study this plant for the benefits of mankind.

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